

Acupressure - sleep

<http://www.youtube.com/embed/K1w5h0GGPpE>

Acupressure - memory

<http://www.youtube.com/embed/XDdwsM9PPXw>

Acupressure - detox, decongestion

<http://www.youtube.com/embed/BAROedK37sU>

Acupressure - health

<http://www.youtube.com/embed/dTRpU4w2VCs>

Acupressure - pain relief

[http://www.youtube.com/embed/dkc\\_CXCQX8s](http://www.youtube.com/embed/dkc_CXCQX8s)